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Every October, we celebrate National Physical Therapy Month to recognize the many ways physical therapy improves lives.

Physical therapy helps people of all ages move better, function more fully, and build resilience throughout every stage of life. With a focus on prevention, wellness, mobility, and strength, physical therapy supports healthier living at work, at home, and in the activities we love most. It's also a wonderful time to recognize and thank the physical therapists, physical therapist assistants, and students whose dedication helps transform lives every day.

Thank a Physical Therapist today!



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