

# SPRING

## February is National Heart Month

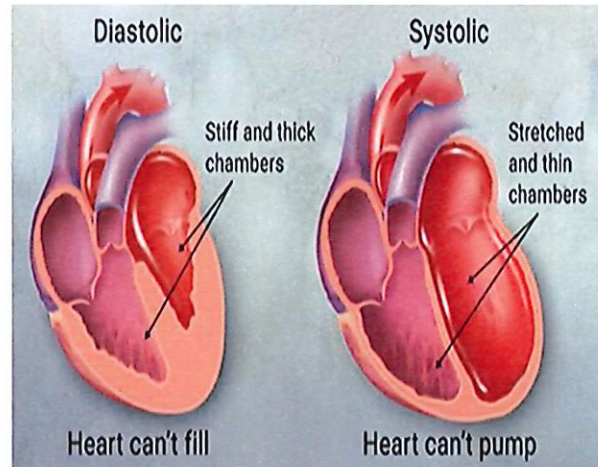
What is Congestive Heart Failure (CHF)?

CHF is a chronic condition in which the heart doesn't pump blood as well as it should.

Heart Failure can occur if the heart cannot pump (systolic) or fill (diastolic) adequately. Symptoms include shortness of breath, fatigue, swollen legs, and rapid heartbeat.

Treatments can include eating less salt, limit fluid intake, and taking prescription medications. In some cases a defibrillator or pacemaker may be implanted.

CHF is not curable, but with early detection, medical treatment, proper diet and medication, and lifestyle changes, may help improve your quality of life.



### Congestive Heart Failure

#### Stages



Stage	Severity	Definition
Stage A	At Risk	At risk of heart failure but with no structural disease or symptoms of heart failure
Stage B	Pre-HF	Structural heart disease is present but without symptoms of heart failure
Stage C	HF	Structural heart disease and symptoms of heart failure present
Stage D	Advanced HF	Severe refractory heart failure

Home Health & Hospice of Kansas

April 1, 2023

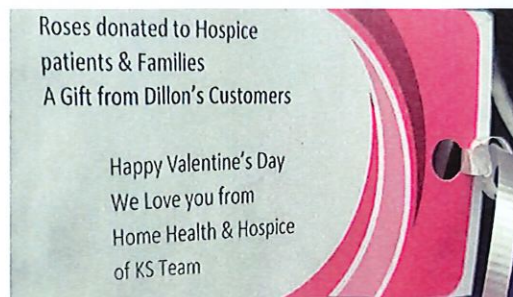
### Special points of interest:

- ☺ February is Heart Month
- ☺ Valentines Day
- ☺ St. Patrick's Day
- ☺ Employee Birthdays
- ☺ Social Work Month
- ☺ HHHOK
- ☺ The Tree of Life

## VALENTINE'S DAY

HHHOK had the opportunity to serve our patients and brighten their day.

How lucky are we to give each patient a gesture of love and friendship. Thank you, Dillons and their customers, for your donations and making this happen! We appreciate YOU!





# HAPPY ST. PATRICKS DAY

## The luck of the Irish

HHHOK is hoping you had a Happy Saint Patrick's Day! We are so lucky to have had the opportunity in supporting our Wichita community, facilities and patients. We truly love making lives better!

HHHOK participated in the Paddy Day parade in the Wichita's Delano District.



## EMPLOYEE BIRTHDAYS



### January

Jenni Bedford  
Cathy Swift  
Rhonda Almond  
Destani Silver

### February

Trisha Wolfe  
Latoya Powell  
Kaylee Hall-McDaniel  
Hannah Harris  
Corie Tarello Powell

### March

Paige Byrd  
Trina Hines  
Sheila Mitchell  
Lorra Ashley  
Alexa More  
Dreanna Williams  
Anthony Ndungu



# SOCIAL WORK MONTH

## Social Work Spotlight

Social Work Awareness Month

"I was drawn to social work because I wanted to work in hospice. I did an internship at a hospice agency and instantly knew what I wanted to do."

"HHHOK has given me the tools by supporting continued education, valuing my input, and by putting people before profits."

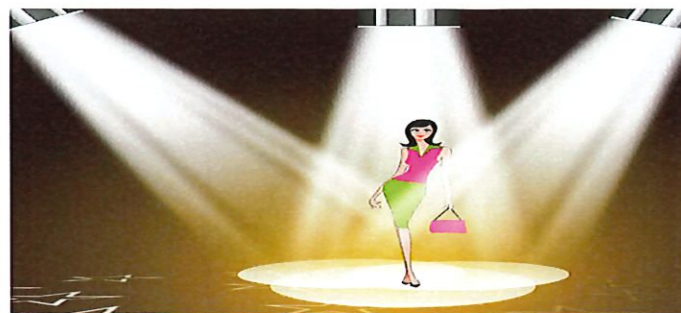
"I help make lives better by giving patients tools and resources to remain in their desired living environment and improve their quality of life."



Cassie Schlyer:  
HHHOK Social Worker



Home Health  
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The month of March we celebrated our very own Social Workers: **Cassie, Katie, and Rachel.**

These ladies go above and beyond for our patients, and provide the upmost care and compassion. We salute you ladies for an amazing job well done!

IT'S TIME TO  
**THANK A  
SOCIAL  
WORKER!**

Social Work  
Month  
March 2023

[socialworker.com](http://socialworker.com)

#NewSocialWorker

## Social Work Spotlight

Social Work Awareness Month

"I facilitate life changes by meeting my clients and empowering them through self discovery"

"HHHOK has empowered me by giving me the platform and freedom to meet my clients needs"

"My overall goal as a professional is to create an impact"



Rachel Johnson:  
HHHOK Social Worker



Home Health  
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## Social Work Spotlight

Social Work Awareness Month

"I find my purpose in helping others, being that shoulder to lean on, that wall for people to bounce ideas off, and that tool box of resources to assist with whatever they need."

"At HHHOK, I feel like we have a team environment that helps to fuel this toolbox."

"Providing financial and caregiver resources, companionship, and emotional support is all part of making lives better!"



Katie Edwards:  
HHHOK Social Worker



Home Health  
& HOSPICE OF KANSAS





# Home Health & Hospice of Kansas

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Making lives better...Together



HOME HEALTH \* HOSPICE \* CARE PLUS PALLIATIVE

Home Health & Hospice of Kansas is locally owned and operated by Registered Nurses, and has been in business since 2012. We believe in making every life as meaningful as possible. We value the quality of life as much as quantity. Our mission is dedicated to providing exceptional, high quality and comprehensive services to our clients, families and the community. Our nurses, aides, therapists and chaplains are all certified, screened and highly trained to serve our patients with skill and compassion. We offer home health, palliative care and hospice services. To request information about skilled in-home services, call our office at (316) 869-0015.

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All social media, pictures and interviews are by: Gabe Hardman, Media Account Specialist



Just as the branches of a tree strengthen and grow upwards to the sky,  
we too grow stronger, striving for greater knowledge, wisdom and new experiences  
as we move through life. ~ Unknown

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