



HELLO SPRING

HAPPY EASTER!

HHHOK is hoping everyone had a HOPPING Easter and a blessed Easter weekend with family and loved ones. We had a blast "egging" our community for Easter! HHHOK went around to various facilities such as; Grasslands Estates, Oxford Villa Active Senior Living Apartments, Dove Estates Senior Living Community and Park West Plaza.



Home Health & Hospice of Kansas

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Special points of interest:

- ☺ Hello Spring: Easter and St. Patrick's Day
- ☺ Health Facts, National Vietnam War day, Update: Puppy Therapy
- ☺ Employee Spotlight
- ☺ Past Events
- ☺ The Tree of Life

HAPPY ST. PATRICKS DAY

Home Health & Hospice of Kansas wishes you a Happy Saint Patrick's Day! We had an amazing time supporting our Wichita community with our mobile parade to various senior living communities. We truly love making lives better!



HEALTH FACTS-CONGESTIVE HEART FAILURE

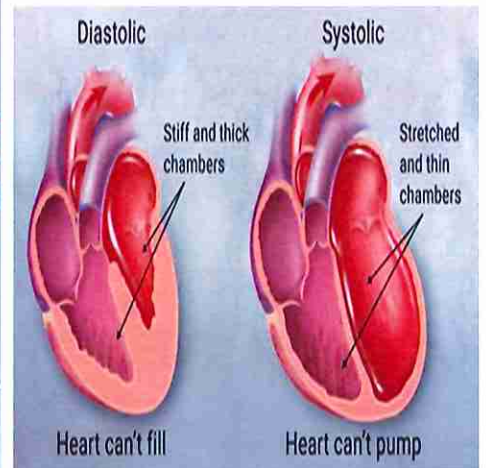
What is Congestive Heart Failure (CHF)?

CHF is a chronic condition in which the heart doesn't pump blood as well as it should.

Heart Failure can occur if the heart cannot pump (systolic) or fill (diastolic) adequately. Symptoms include shortness of breath, fatigue, swollen legs, and rapid heart-beat.

Treatments can include eating less salt, limit fluid intake, and taking prescription medications. In some cases a defibrillator or pacemaker may be implanted.

CHF is not curable, but with early detection, medical treatment, proper diet and medication, and lifestyle changes, may help improve your quality of life.



NATIONAL VIETNAM WAR VETERANS DAY

We celebrated National Vietnam War Veterans Day on March 29, 2021 at Grasslands Estates!!!

Thank you to all those who served our country and provided us the safety and freedom we are given.



UPDATE! PUPPY THERAPY

Oreo and Ila have been working hard preparing for their pet therapy certifications. These two cuties have a bit of a way to go, but they are determined! HHHOK is fortunate enough to have K-9 Kudos work with Oreo and Ila during their training venture. Stay tuned for more updates.

CONGRATULATIONS!!
OREO AND ILA
We are so proud of you!



EMPLOYEE SPOTLIGHT




We would like to recognize Cassie Schlyer, LMSW. Cassie has been with HHHOK for 4 years. She was previously nominated as one of our Employee's of the year, and won! Cassie has been married for 1.5 years, and she and her husband Blake just had their first baby in April. Her passion is to help others be successful and to reach their full potential, including patients and co-workers. She enjoys being a social worker and thrives to be the best person she can be to help our patients and families. Thank you Cassie!




Medical Social Work

As a medical social worker, helping the patient and their family is your top priority. Your responsibilities and duties will change from day to day and from patient to patient.



You will become their primary advocate, helping them through a difficult time that can often take a toll on a patient physically, financially, and emotionally.



By being at their side as both a guide and a compassionate listener, you can play a key role in changing their experience and their outcomes.



We would like to recognize Autumn Lipphardt, Receptionist. Autumn has been with HHHOK for 8 months. She has been in the medical field her entire life, and loves to help others reach their full potential. Autumn is the glue that holds us together. In her spare time, she enjoys doing crafts, and volunteering to make lives better. Autumn is married with children and loves being a mom. Thank you Autumn!



Home Health & Hospice of Kansas

7607 E. Harry St.
Wichita, KS 67207
Phone: 316-869-0015
Fax: 316-618-0414

Making lives better...Together



Home Health & Hospice of Kansas is locally owned and operated by Registered Nurses, and has been in business since 2012. We believe in making every life as meaningful as possible. We value the quality of life as much as quantity. Our mission is dedicated to providing exceptional, high quality and comprehensive services to our clients, families and the community. Our nurses, aides, therapists and chaplains are all certified, screened and highly trained to serve our patients with skill and compassion. We offer home health, palliative care and hospice services. To request information about skilled in-home services, call our office at (316) 869-0015.

Past Events:

- ◇ National Tea Day with Homestead Senior Care—April 2021
- ◇ National Healthcare Decision day with Grasslands Estates—April 16, 2021
- ◇ Participated with Sedgwick County, Kansas local Emergency Planning Committee emergency exercises—April 14, 2021
- ◇ Mini Golf with Grasslands Estates—April 13, 2021
- ◇ Sedgwick County Extension Center: Veteran Resource Drive Thru—April 23, 2021



Just as the branches of a tree strengthen and grow upwards to the sky,
we too grow stronger, striving for greater knowledge, wisdom and new experiences
as we move through life. ~ Unknown