

WHAT'S HAPPENING

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WE HONOR VETERANS

WHAT IS WHV?

We Honor Veterans is a program of the National Hospice Palliative Care Organization (NHPCO) in collaboration with the Department of Veterans Affairs (VA), invites hospices, state hospice organizations, Hospice Veteran Partnerships and VA facilities to join a pioneering program focused on respectful inquiry, compassionate listening and grateful acknowledgment. By recognizing the unique needs of America's Veterans and their families community providers, in partnership with VA staff, will learn how to accompany and guide them through their life stories towards a more peaceful ending.

(<https://www.wehonorveterans.org>)

HHHOK is a member of the WHV program. Obtaining our level 5 certification in May 2020.

What does this mean to you?

WHV provides a tiered recognition to organizations, known as Partners, that demonstrate a systematic commitment to improving care for Veterans. There are five levels that partners can achieve in the program. Partner organizations assess their ability to serve veterans and using resources provided as part of the program, integrate best practices for providing end-of-life care to veterans into their organiza-



tion. (www.wehonorveterans.org)

Next time you see a Veteran, take a moment to thank them for their service! Pick up their tab at restaurants. Veterans have done everything asked of them in their mission to serve our country, and it's never too late to give them a hero's welcome home. These men and women surely deserve every effort we provide them!

PUPPY THERAPY—SOMETHING NEW!

HHHOK has certified pet therapy volunteers. According to The Mayo Clinic, "Animal-assisted therapy can significantly reduce pain, anxiety, depression and fatigue in people with a range of health problems. People

receiving cancer treatment. People in long-term care facilities". Since therapy dogs/puppies are trained to be attentive to a person's needs and offer unconditional love, they can often stabilize intense emotions. Pet

therapy is popular among Home Health & Hospice of Kansas volunteer program. Meet our new employee's, Oreo and Ila. They are currently in the process of therapy training.



HEALTH FACTS—COPD

Chronic obstructive pulmonary disease, commonly referred to as COPD, is a group of progressive lung diseases. The most common of these diseases are emphysema and chronic bronchitis. Many people with COPD have both these conditions.

WHAT COPD DOES?

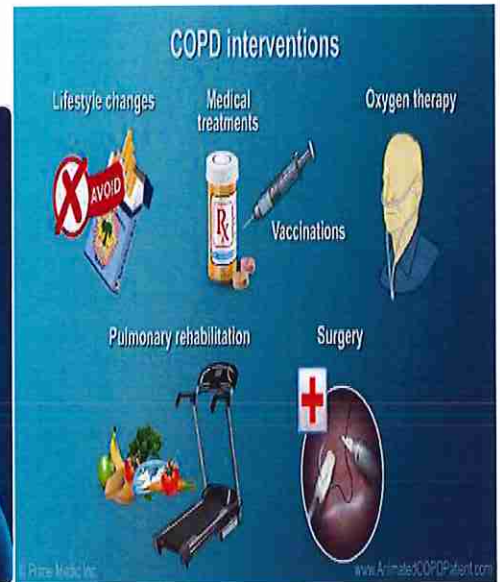
Emphysema slowly destroys air sacs in your lungs, which interferes with outward flow. Bronchitis causes inflammation and narrowing of the bronchial tubes, which allows mucus to build up.

If left untreated, COPD can lead to a faster progression of the disease, heart problems and worsening respiratory infections.

SYMPTOMS

Shortness of breath, wheezing, chest tightness, chronic cough with/without mucous, frequent colds, respiratory infections, lack of energy, weight loss, fatigue, swelling of feet, ankles, or legs.

If you or a loved one are having any of these signs and symptoms; please visit with your doctor about this.



EMPLOYEE BIRTHDAYS



JANUARY BIRTHDAYS

RHONDA, CHAPLAIN

JENNI, RN

OLIVIA, PTA

KAREN, HHA

BRIAN S, ACCT
EXECUTIVE

FEBRUARY BIRTHDAYS

TRISHA, HHA

BETH, RN

KAYLEE, RN

CORIE, VC/WHV

MARCH BIRTHDAYS

BECKI, BILLING

ANTHONY, CEO

CINDY, ACCOUNT EXECUTIVE

RICHELLE, DIRECTOR OF HOME
HEALTH

FELICIA, HHA

PAIGE, LPN

SHEILA, HHA

"Giving an employee special attention on their birthday makes them feel valued and recognized, and employees who feel appreciated are less likely to quit their jobs".

FOLLOW YOUR HEART MONTH

The month of February was Follow Your Heart month. It was a time to provide education about taking care of one's cardiac health and give people the opportunity to get help when they need it most. Education ranged from med management, to CHF and even down to diet. Home Health & Hospice of Kansas strives to do whatever we can to make lives better.



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MAKING LIVES BETTER ... TOGETHER



HOME HEALTH * HOSPICE * CARE PLUS PALLIATIVE

Home Health & Hospice of Kansas is locally owned and operated by Registered Nurses, and has been in business since 2012. We believe in making every life as meaningful as possible. We value the quality of life as much as quantity. Our mission is dedicated to providing exceptional, high quality and comprehensive services to our clients, families and the community. Our nurses, aides, therapists and chaplains are all certified, screened and highly trained to serve our patients with skill and compassion. We offer home health, palliative care and hospice services. To Request information about skilled in-home services, call our office at (316) 869-0015.

UPCOMING!

NATIONAL VIETNAM WAR VETERANS DAY

National Vietnam War Veterans Day is on March 29 of every year. This day honors the men and women who served and sacrificed during the longest conflict in United States history.

This day was signed into law by President Donald Trump, designating every March 29th as National Vietnam War Veterans Day.

This day was decided upon for Vietnam War Veterans day due to combat and combat support units that withdrew from South Vietnam on March 29, 1973.

"Of the 2,709,918 Americans who served in Vietnam, Less than 850,000 are estimated to be alive today, with the youngest American Vietnam veteran's age approximated to be 60 years old." (www.usna63.org)

