

July 2021

SUMMER TIME

MEMORIAL DAY—MAY 31, 2021

Memorial Day is a time to pause, remember, reflect and honor the fallen. **Memorial Day**, is celebrated the last Monday in May, which was set aside to pay tribute to those who died serving in the military. Many Veterans will tell you this is not their day to celebrate, but for those who were lost along with way. We honor those men and women.



UPCOMING EVENTS

Keeping You Safe—Preparing the community for hazardous situations, 7/22/21

Location: 9747 E 21st St N, Wichita, KS 67206

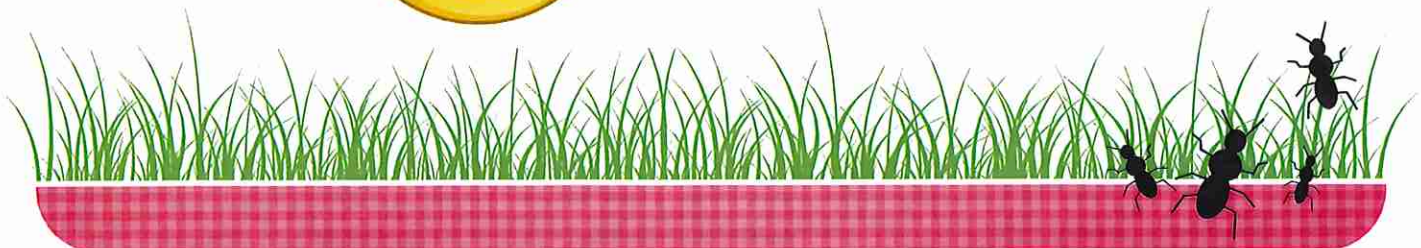
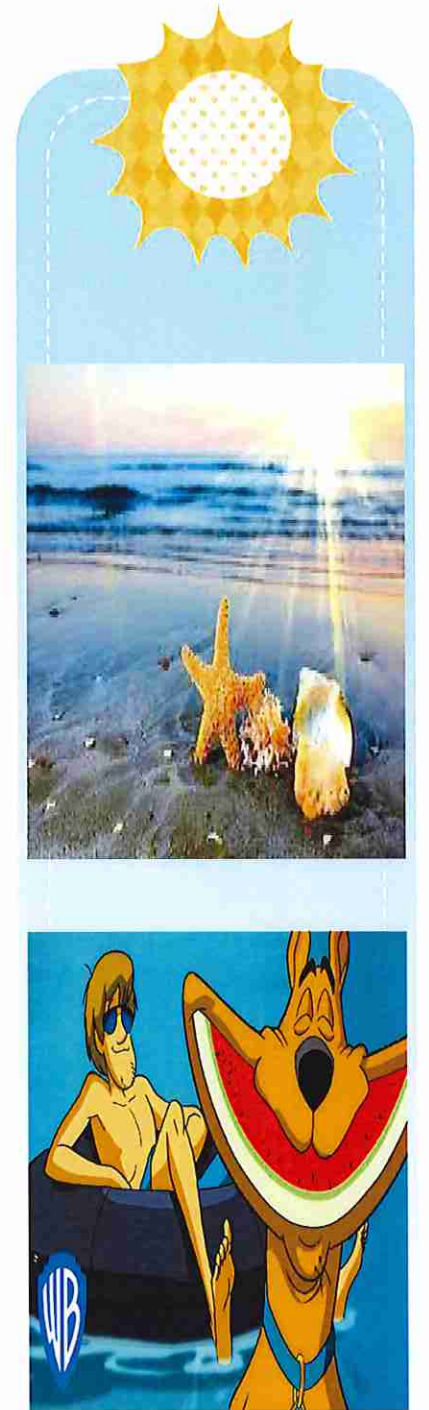
Heart Health—Educating the community about basic Heart Health, 8/26/21

Location: 9747 E 21st St N, Wichita, KS 67206

Gearing up for the holidays—Helping prepare you for the stress of the holiday, 9/23/21

Location: 9747 E 21st St N, Wichita, KS 67206

For more information, please contact Brian Speer at 316-518-7775





VETERANS FAMILY REUNION

On June 19, 2021, Home Health & Hospice of Kansas had the honor to volunteer at the 33rd Kansas Veterans and Family Reunion at El Dorado State Lake Veterans Point. The staff is 100% volunteer. It was a wonderful experience to be able to give back to the Veteran community. The Reunion started as an idea for Vietnam Veterans to come together to reconnect with those they served with. There are car shows, music, food trucks, a variety of vendors to choose from.

NURSES WEEK

We love our nurses!

FUN FACT: Did you know? "The World Health Organization (WHO) declared 2020 the International **Year of the Nurse** and the Midwife to honor of the 200th anniversary of Florence Nightingale's birth and to advance **nurses'** vital role in transforming health care around the world". (<https://www.ania.org/article/year-of-nurse-2021>)

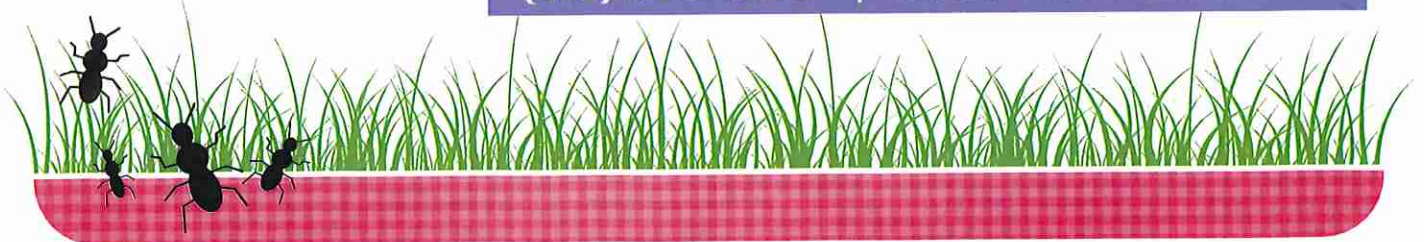
Happy Nurses Week!
You Make Lives Better-Everyday!



Home Health
& HOSPICE OF KANSAS



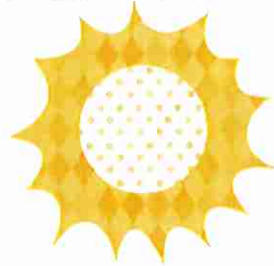
(316) 869-0015 | [KansasHomeHealth.com](https://www.KansasHomeHealth.com)



HHA WEEK

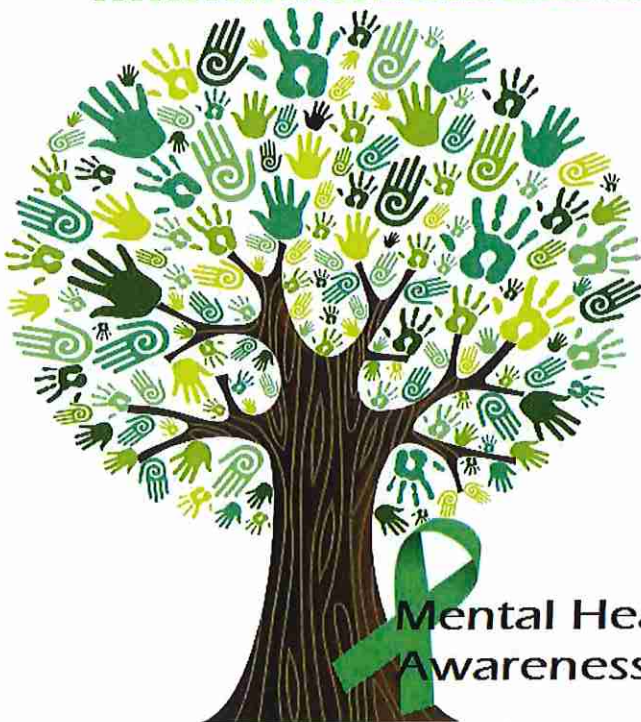
We love our HHA's!

They are the glue that keeps our patients together! They provide so much more than assisting in ADL's. They give our patients a listening ear, companionship, advocate, peace of mind, and nurturing.



"The strongest people are those who win battles we know nothing about"

~Unknown~



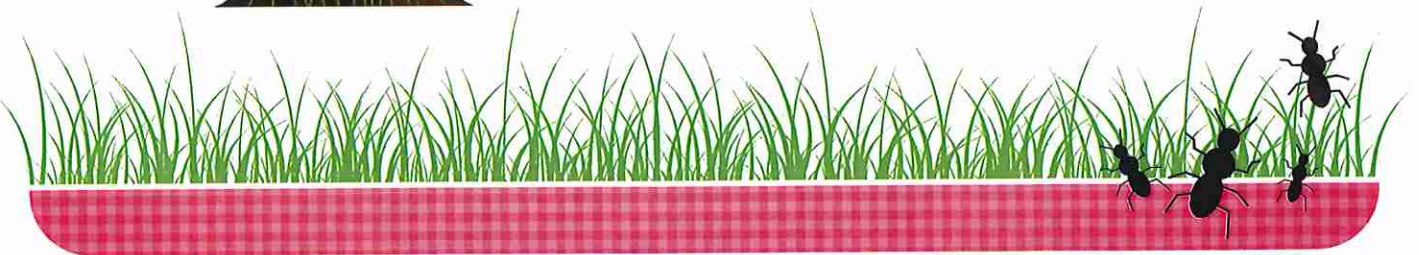
Mental Health Awareness Month

May is Mental Health Awareness Month!

Mental Health has such a strong stigma. As individuals, we are hesitant to talk about our mental health and adaptabilities, and that is unfortunate.

Many people find themselves personally involved with the topic of mental health. We may be affected when a loved one experiences a mental health issue. Knowing what to say, how to act, or what we can do to help is not always clear. Other times, we might be the one who is struggling. Anxiety, depression and trauma-these conditions and others have affected billions of people around the world. (2018 GoodTherapy.org)

Take charge and talk about mental health. It can provide us freedom to seek help, find others who can relate, and move toward well-being. TOGETHER, we can break the stigma.





HOME HEALTH * HOSPICE * CARE PLUS PALLIATIVE

Home Health & Hospice of Kansas

Home Health & Hospice of Kansas is locally owned and operated by Registered Nurses, and has been in business since 2012. We believe in making every life as meaningful as possible. We value the quality of life as much as quantity. Our mission is dedicated to providing exceptional, high quality and comprehensive services to our clients, families and the community. Our nurses, aides, therapists and chaplains are all certified, screened and highly trained to serve our patients with skill and compassion. We offer home health, palliative care and hospice services.

To request information about skilled in-home services, call our office at (316) 869-0015.



Making lives better,
together!

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www.kansashomehealth.com



Just as the branches of a tree strengthen and grow upwards
to the sky,
we too grow stronger, striving for greater knowledge, wisdom and
new experiences
as we move through life. ~ Unknown

